

ALLSTON BRIGHTON FOOD PANTRY

neighbors offering neighbors food, justice & love



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What is food security?



FOOD SECURITY **is a spectrum**

marginal food security

worrying about having enough food

low food security

Reduced quality, variety, or desirability of diet

very low food security

Multiple disruptions to eating patterns and reduced food intake

FOOD SECURITY in Massachusetts

Mass General Brigham / GBFB 2024 Study

37 % of MA households
reported some level of food insecurity

24% reported experiences of very low security

Reduced quality, variety, or desirability of diet

racial demographics show inequalities

60% of Hispanic/Latine households || 46% of Black households

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Every Month at ABFP ...

1,200 +

Guests served

20,000 +

Pounds of food distributed

900 +

Hot meals given

100%

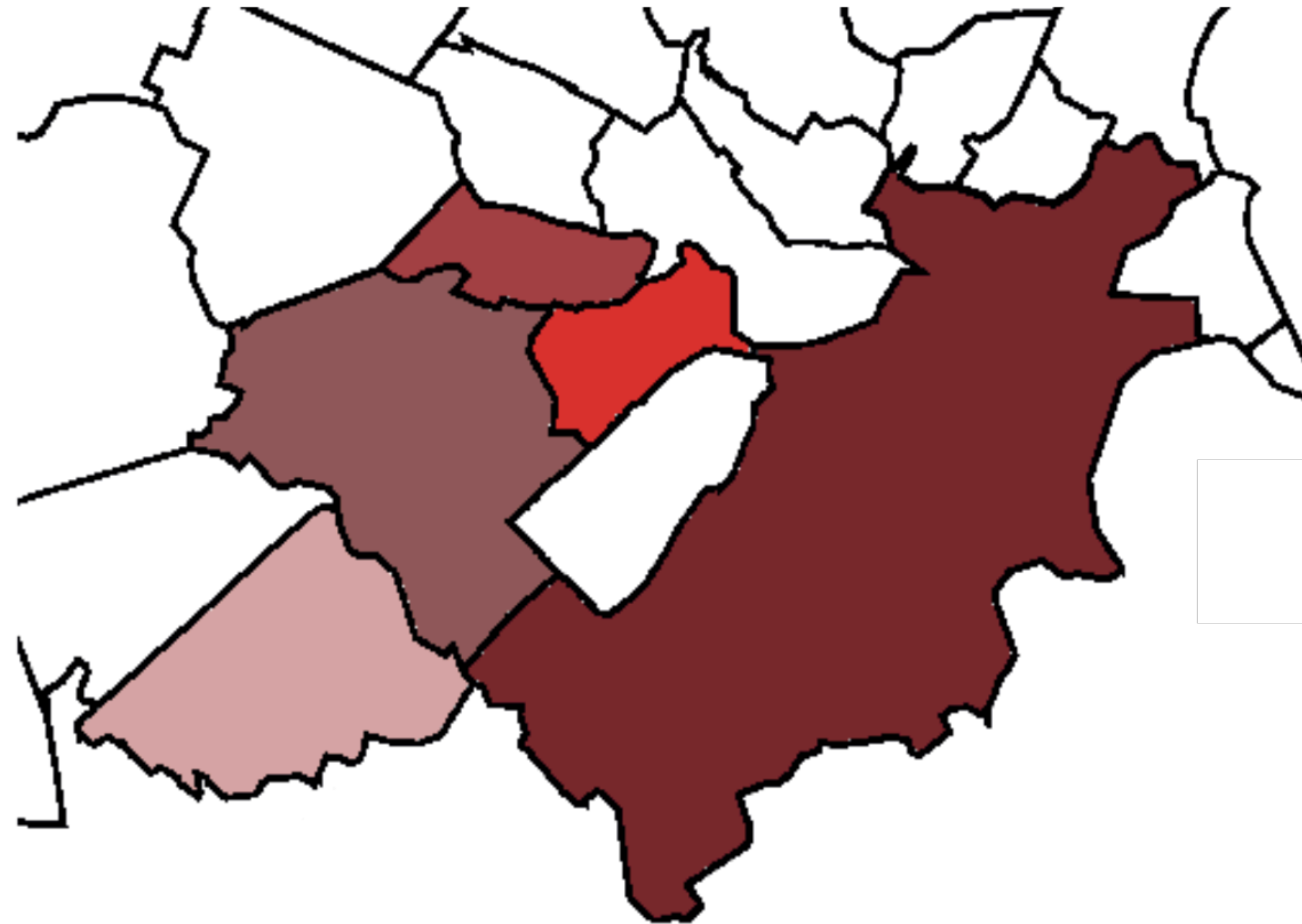
For free



Dedicated volunteers

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Volunteer

Donate

Partner