

ALLSTON BRIGHTON FOOD PANTRY

neighbors offering neighbors food, justice & love



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What is food security?

FOOD SECURITY is a spectrum



marginal food security
worrying about having enough food

low food security
Reduced quality, variety, or desirability of diet

very low food security
Multiple disruptions to eating patterns and reduced food intake

FOOD SECURITY in Massachusetts

Mass General Brigham / GBFB 2024 Study

**37 % of MA households
reported some level of food insecurity**

24% reported experiences of very low security
Reduced quality, variety, or desirability of diet

racial demographics show inequalities
60% of Hispanic/Latine households || 46% of Black households

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Every Month at ABFP ...

1,200 +

Guests served

20,000 +

Pounds of food distributed

900 +

Hot meals given

100%

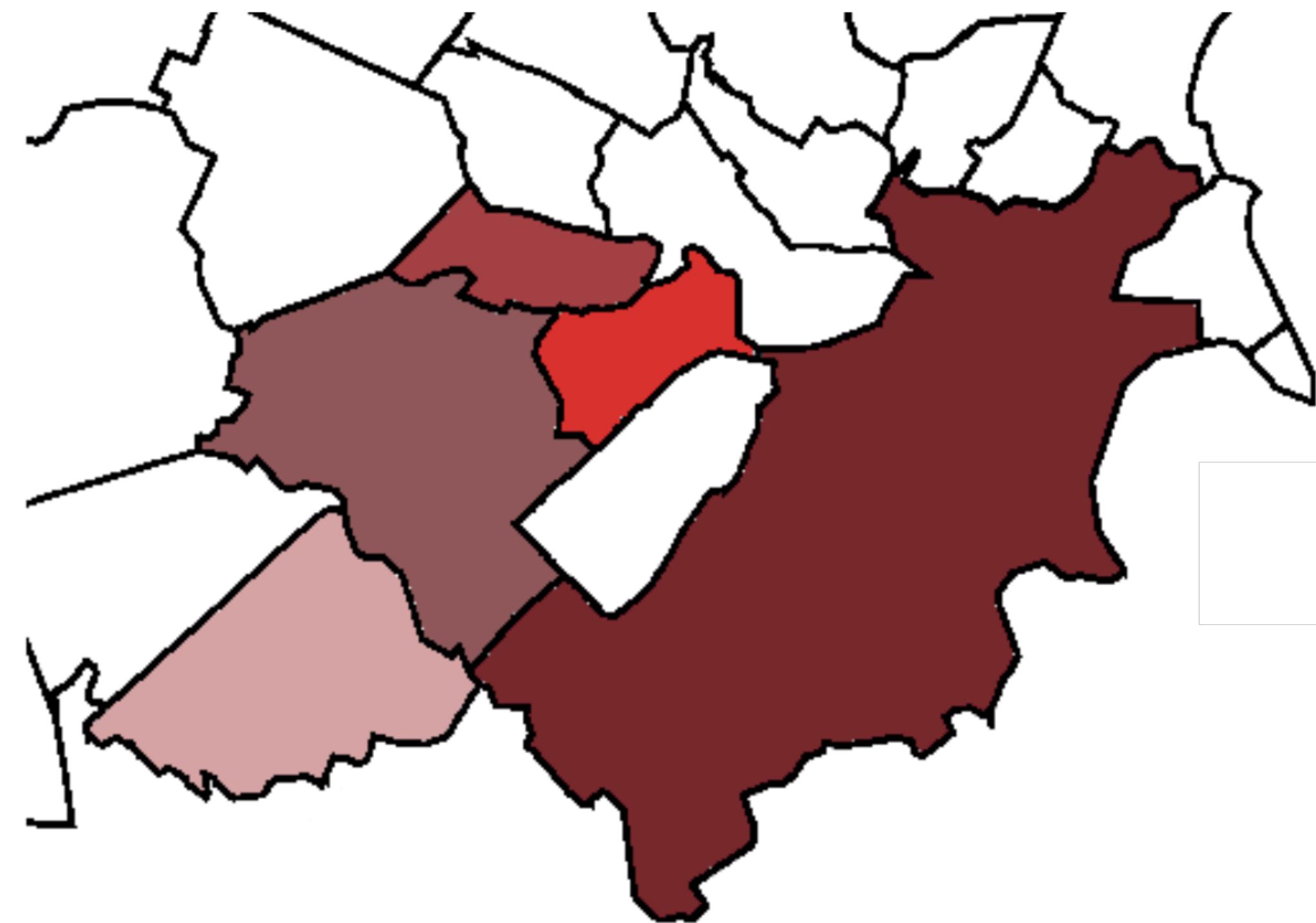
For free



Dedicated volunteers

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Volunteer

Donate

Partner